

**Dr. N. D. Desai Faculty of Medical Science and Research
Dharmsinh Desai University
Nadiad**

**MODEL PROFORMA
REPORT OF ACADEMIC EVENT ORGANIZED**

Title of the Event:	Visit to Santaram Garbh Sanskar Kendra, Tapovan at Nadiad.
Organizing Department/Institute:	.Faculty of Medical Science, DDU, Women Cell Unit
Organizing Secretary:	Dr.Alka Dave & Dr. Purvi Khristi
Type of Event:	() FDP/CME/CDE etc. () Workshop () Conference () Other <u>Visit to Santaram Garbh Sansthan Kendra, Tapovan, Nadiad</u>
Level of Event:	(<input checked="" type="checkbox"/>) Institute () University () State () National () International
Dates:	On :- 05-09-2023 Duration:- 1 Day
Venue:	Garbh Sanskar Kendra, Tapovan, Santaram Mandir, Nadiad.
No. of participants:	35 Pregnant women of different trimester with 15 girl medical students and 4 doctors' team from Dr. N. D. Desai Medical College, Nadiad.
Accreditation if any:	NA
Brief report of proceeding/sessions:	<p>We visited the Garbha Sanskar Kendra, Tapovan at Santram Mandir, Nadiad on 05-09-23 from 3.30 to 5.00 PM with team of 15 girl medical students and 4 doctors. We were heartily welcomed by the Coordinator Mr. Rahul Dave and his team members and we were introduced to Nirgundasji Maharaj (In-charge of the Kendra). We were also blessed with Prasadi & Mala as we were welcomed. Mr. Rahul Dave briefed us all about the Kendra, its facilities (Including daily healthy meal for all its participants at the end of session) and different activities done at this center for the Pregnant women and for children which is free of cost. Garbh Sanskar Kendra is not only limited to prayers and worship of God, but it also teaches about the Baby's overall development- be it physical, mental, emotional, spiritual health that starts within the womb itself.</p> <p>This was followed by the session of guest talks on "Physical & Mental issues related to pregnancy & how to tackle it and how to create mindful environment for the babies" a Psychiatry view which was covered by Dr. Aayushi Patel and a Gynecologist view which was covered by Dr. Aena Shah. This was followed by open discussion lead by guest speakers, with the participant for their queries related to pregnancy.</p> <p>At the end of this program guest speakers were given token of memento as a gesture of appreciation, love and respect.</p>